

# Rock Solid Spring Classes 2023

January 30th - March 31st 2023

8 Week Session - Closed President's Day 2/20/23 (Monday classes prorated to 7 weeks), Closed Spring Break March 13-17th 2023  
 \$160.00 (50 min) 8 Week Session / \$110 (30 min) 8 Week Session Lil'Pebbles  
 \$140.00 (50 min) 7 Week Session / \$100 (30 min) 7 Week Session Lil'Pebbles  
 \$50.00 yearly registration fee /per family

**Questions?** 614-481-7728 or text 614-937-1818 Register: <https://app.iclasspro.com/portal/rocksolidacademy>

PRIMARY CLASSES Ages 2-5 (Cheer, Gymnastics, Tumbling Combo)				
Classes	Monday	Tuesday	Wednesday	Thursday
Lil' Pebbles ages 2-3 (30 min)	4:00-4:30 (CS) 4:30-5:00 (JS) 5:00-5:30 (JS)	6:00-6:30 (CS) 6:00-6:30 (KK)	4:30-5:00 (CS) 5:00-5:30 (SF) 5:00-5:30 (NK) 6:00-6:30 (CE)	6:00-6:30 (CS)
Rock Starz ages 4-5 (50 min)	4:30-5:20 (NK) 5:30-6:20 (CE)* 5:30-6:20 (CD)* 6:30-7:20 (NK)	4:00-4:50 (NK) 4:30-5:20 (JS) 5:00-5:50 (SF) 6:00-6:50 (KJ)	4:30-5:20 (CD) 5:30-6:20* (CD) 5:30-6:20* (SF) 6:00-6:50 (KC)	4:00-4:50 (KC) 5:00-5:50 (KC) 6:00-6:50 (KS)

GYMNASTICS CLASSES Ages 6 & up				
Classes	Monday	Tuesday	Wednesday	Thursday
Gymnastics Skills 1	4:30-5:20 (SF) 5:30-6:20 (JS)	5:30-6:20 (GL)	4:00-4:50 (SF) 5:30-6:20 (JS)	5:30-6:20 (GL)
Gymnastics Skills 1/2 combo	6:00-6:50 (KC)	5:30-6:20 (JS) 6:30-7:20 (KC)	4:30-5:20 (JS) 5:00-5:50 (CS)	4:30-5:20 (GL) 7:00-7:50 (JS)
Gymnastics Skills 2	6:30-7:20 (JS)	4:30-5:20 (GL)	6:30-7:20 (JS)	

CHEERLEADING CLASSES Ages 6 & up				
Classes	Monday	Tuesday	Wednesday	Thursday
Youth Cheer Skills/Tumble		7:00-7:50 (SF) ages 9-13	5:30-6:20 (NK) ages 6-9 6:30-7:20 (NK) ages 9-13	
MS/HS Cheer Tryout Preparation	MS Prep: 4:30-5:20 (MD) MS/HS Prep 6:30-7:20 (MD/CD)		MS/HS Prep 6:30-7:20 (MD/CD) MS Prep 8:00-8:50 (KC)	MS/HS Prep 7-7:50 (MD)

**DANCE, SPECIALTY, SQUAD TRAINING CLASSES Ages 6 & up**

Classes	Monday	Tuesday	Wednesday	Thursday
Dance Acro & Tumbling				4:00-4:50 (MD)
Squad Train			WKHS 5:30-6:30 pm (BS)	

**TUMBLING CLASSES Ages 6 & up**

Classes	Monday	Tuesday	Wednesday	Thursday
Tumbling Basics	4:30-5:20 (CD) 6 & Up 6:30-7:20 (SF) 6-8 yrs 6:30-7:20 (BS) 9 & up	4:00-4:50 (SF) 4:30-5:20 (KC) 5:00-5:50 (NK) 6:00-6:50 (SF)	4:00-4:50 (KC) 5:00-5:50 (KC)* 6:30-7:20 (SF)* 7:30-8:30 (CD)	6:00-6:50 (JS) 7:00-7:50 (KC)
Walkover Skills	5:30-6:20 (NK) 7:30-8:20 (CD)	7:00-7:50 (NK)	4:00-4:50 (NK) 7:00-7:50 (KC)	7:00-7:50 (KJ)
LTD BHS	7:00-7:50 (KC) 5:30-6:20 (SF)	5:30-6:20 (KC)	6:30-7:20 (BSt) 6-11 yrs	
LTD & Perfect BHS		6:00-6:50 (NK) 6-11 yrs 7:00-7:50 (KJ) 12 & up	5:30-6:20 (MD) 12 & up	
Perfect BHS	5:30-6:20 (MD) 12 & up 6:30-7:20 (CE) 6 & up			5:00-5:50 (MD)
Speed & Quality BHS			6:30-7:20 (CE)	6:00-6:50 (KC)
LTD Tuck Skills	4:30-5:20 (CE) 8:00-8:50 (KC)			6:00-6:50 (MD)
Speed & Quality Tuck	6:30-7:20 (BS) combo		6:30-7:20 (BS) combo	
Elite Tumbling	6:30-7:20 (BS) combo		6:30-7:20 (BS) combo	

\*Multiple Class Options at this time

**Questions about what class would be the best fit?**

**Text Kelley at 614-937-1818**

**See Class Descriptions & Pre-Requisites**