

ROCK★SOLID

Academy ★



PROGRAM PACKET

YEAR 19

2299 CARDIGAN AVE, COLUMBUS, OH 43212 | 614-481-7728 | STAFF@ROCKSOLIDACADEMY.COM

WELCOME TO ROCK SOLID ACADEMY

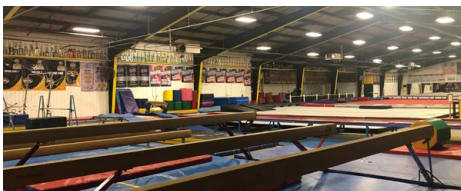
Celebrating 19 years!

Rock Solid Gymnastics & Cheer Academy is a private organization serving a unique experience to cheerleaders & gymnasts in the Columbus area. RSA provides quality athletic training to athletes of all ages and skill levels in a professional, safe, fun and positive environment. We teach technical athletic skills pertaining to cheer and gymnastics, emphasizing perfection before progression while developing physical and emotional strength. Our focus is to instill self-confidence and self-esteem to promote healthy socialization and life skills. The most important goal we have at Rock Solid is for your child to have fun and build lifelong friendships and memories.



GYM AMMENITIES

- 4 Full Size Spring Floors
- 2 - 40 ft Tumble Tracks
- Multiple Air Floor Trainers
- In Ground Resi Training Pit
- Rod floor
- Parent Viewing Area
- Athlete Locker Room
- Cafe & Vending Area
- Women's olympic apparatus
- 30 ft Wood Floor for MS/HS cheer training



STAY CONNECTED



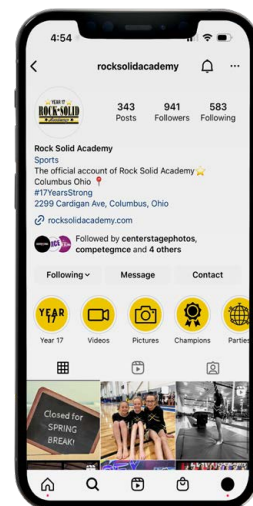
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ROCK SOLID STAFF



KELLEY SMITH
Owner



DEBIE HAGUE
Owner



TROY SMITH
Owner



BRANDON SIMPAUCO
coach



CASSIE ESCHWEILER
Coach



**GABRIELLE
LAWHEAD**
Coach



COLBY SCORESE
Coach



BREANNA STACE
Coach



MICHELLE DAVIS
Coach



EMILY MEYER
Coach



KIYA CONNER
Coach



KATIE PARDI
Coach



HOLLY HAZELTON
Coach

**PROUD TO BE A WOMEN OWNED,
MOTHER/DAUGHTER
BUSINESS SINCE 2006.**



WHICH PROGRAM IS FOR YOU?

YEAR LONG ALLSTAR CHEERLEADING

- 2 practices per week (1.5 - 2 hours per practice)
- 6-7 events tentatively, plus travel event based on bid
- Why year long allstars?
 - One fluent season working on same routine with the same teammates. Teams are divided by age and skill level. Friendships and skills grow due to being apart of the process from start to finish. From summer training, choreography, team bonding events, event qualifiers and wrapping up with the season final events, & banquet. The start to finish journey is apart of the experience.



YEAR LONG GYMNASTICS

- 2 practices per week (1.5 - 2 hours per practice)
- 5-6 events tentatively
- Why year long gymnastics?
 - Gymnastics for the athlete who is on the go. Your athlete doesn't need to commit to 20 hours a week in the gym to compete and have a great experience building skills and confidence. New skill building over the summer, then athletes compete in beginner through advanced levels during the season. Mostly local events (all instate) Let your athlete experience gymnastics and still participate in other sports/activities. At Rock Solid this is POSSIBLE.



FALL & SPRING HALF SEASON ALLSTAR CHEERLEADING

- 1 practice per week (1.25 hours per practice)
- 2 events per season
- Why half season allstars?
 - Get a taste of what cheerleading is all about! Experience with a shorter commitment, budget effective uniforms and attend 2 events to see what the performance aspect is all about. Groups are divided based on age (not skill level) for half season programs. When applicable teams will compete vs. exhibition.



FALL & SPRING HALF SEASON TEAM GYMNASTICS

- 1 practice per week (1.25 hours per practice)
- 2 events per season
- Why half season gymnastics?
 - Gymnastics programs normally have a specific skill set that an athlete must reach to compete. At RSA we believe all athletes and skill levels deserve to get the competitive gymnastics experience. The goal of a meet at the end of the learning new skills, helps boost the athletes confidence and creates a new motivational source while training. In one practice a week with low commitment and cost, all athletes can experience competition gymnastics.



GYM CLOSURES & IMPORTANT DATES

IMPORTANT DATES FOR TEAM MEMBERS

| | |
|----------------------|---|
| April 26th | Deadline for Year 19 Signups must register on portal |
| May 1 | Year 19 Payments begin |
| May 1 | New season practices begin |
| May 24th | Team Summer Schedule released |
| June 3rd | Summer schedule begins |
| June 3rd - 6th | Uniform Fitting |
| July 8th - 25th | All team athlete evaluations during practice |
| July 26th | Cheer & Gymnastics Team Reveal Day! 5:30 - 7:00 pm |
| August 5th - 11th | Cheer Choreography Week - year long |
| August 12th - 30th | Cheer teams will be given assigned 6-7:30 or 7:30-9 pm time slot for the remainder of August practices (Attendance policy begins) Gymnastics will stay 6:30 - 8:00 pm Tues/Thurs |
| September 3rd | Fall Team & Class Schedule begins |
| November 16th & 17th | Friends & Family Event - Gymnastics (16th) Friends & Family Event - Cheer (17th) |
| February 2025 | Picture Day TBD |
| April 2025 | End of Season Banquet |

24-25 GYM CLOSURES

| | |
|----------------------|--------------------|
| May 27th | Memorial Day |
| June 24th - July 7th | Summer Break |
| September 1st | Labor Day |
| October 31st | Trick or Treat |
| November 25th - 29th | Thanksgiving Break |
| Dec. 23rd - Jan. 3rd | Holiday Break |
| February 17th | Presidents Day |
| March 17-21 | Spring Break |

CHEER & GYMNASTICS PRACTICE TIMES - MAY

| | |
|-----------------------|--|
| Cheer - ALL AGES | Choose one option: Monday & Wednesday 6-7:30 pm or 7:30-9:00 pm |
| Gymnastics - ALL AGES | Tuesday & Thursday 6:30-8:00 pm |

*Summer schedule released at the end of May for all teams, and will begin June 3rd, 2024.

WHICH PROGRAM IS MY ATHLETE ELIGIBLE FOR?

YEAR LONG CHEERLEADING Birth years 2018 - 6/1/2005

YEAR LONG GYMNASTICS Ages 7-17 (as of May 2024) & up

HALF SEASON CHEERLEADING Birth years 2019 - 2012

HALF SEASON GYMNASTICS Ages 6-12 (as of September 2024)

PROGRAM PRICING

YEAR LONG CHEERLEADING

| | | | |
|-------------------------------|---|----------------------|--|
| Athlete - new uniform year | All Inclusive Monthly Payment 1 | 1st of the month | \$235 (May -April '25) |
| | All Inclusive Monthly Payment 2 | 15th of the month | \$235 (May -April '25) |
| One Time Fees | Registration Fee (per family) | May 1st | \$60 |
| | Booster Fee (per family) per year | Sept 1st | \$50 (1 Athlete) \$75 (2+ Athletes) |

Monthly Payment includes:
choreo, music, competition fees, uniform,
comp bow, makeup, shoes, jacket, socks.
Returner uniform: bow, makeup, shoes only.

***Sibiling discount for year long teams only - cheer to cheer, or gymnastics to gymnastics. \$30 off each 1st of the month payment.**

YEAR LONG GYMNASTICS

| | | | |
|-------------------------------|---|----------------------|--|
| Athlete - new uniform year | All Inclusive Monthly Payment 1 | 1st of the month | \$180 (May -April '25) |
| | All Inclusive Monthly Payment 2 | 15th of the month | \$180 (May -April '25) |
| One Time Fees | Registration Fee (per family) | May 1st | \$60 |
| | Booster Fee (per family) per year | Sept 1st | \$50 (1 Athlete) \$75 (2+ Athletes) |

Monthly Payment includes:
tuition, comp leo, jacket, meet & coaches fees.
Returner uniform: no uniform pieces

HALF YEAR CHEERLEADING

| | | | |
|--------------------|--|---------------------------|-----------------------------|
| Fall Athlete | Monthly Payment | 1st of the month | \$185 (Sept -Dec 24') |
| Fall Uniform Fee | New each fall season | 15th of the month | \$185 |
| One Time Fees | Sign Up Fee | at online registration | \$50 |
| | Registration Fee (per family) per year | Aug 1st | \$60 |
| | Friends & Family Dress Rehearsal tickets | Wed before event | \$30/athlete (3 tickets) |
| Spring Athlete | Monthly Payment | 1st of the month | \$185 (Jan -April '25) |
| Spring Uniform Fee | | Dec 15th | \$185 |
| One Time Fees | Sign Up Fee | at online registration | \$50 |
| | Registration Fee (per family) per year | Jan 1st | \$60 |

Monthly Payment includes:
tuition, comp/coaches fee (2 events)

HALF YEAR GYMNASTICS

| | | | |
|----------------|--|---------------------------|-----------------------------|
| Fall Athlete | Monthly Payment | 1st of the month | \$185 (Sept -Dec 24') |
| Leotard Fee | New each fall season | 15th of the month | \$115 |
| One Time Fees | Sign Up Fee | at online registration | \$50 |
| | Registration Fee (per family) per year | Aug 1st | \$60 |
| | Friends & Family Dress Rehearsal tickets | Wed before event | \$30/athlete (3 tickets) |
| Spring Athlete | Monthly Payment | 1st of the month | \$185 (Jan -April '25) |
| Leotard Fee | | Dec 15th | \$115 |
| One Time Fees | Sign Up Fee | at online registration | \$50 |
| | Registration Fee (per family) per year | Jan 1st | \$60 |

Monthly Payment includes:
tuition, meet & coaches fees.

PROGRAM EVALUATIONS

YEAR LONG CHEERLEADING

CHEER EVALUATION PROCESS FOR YEAR 19:

RSA will be evaluating team placements for year long cheer athletes after we return from our summer break. Evaluations will be done during practices the last few weeks of July. Athletes will practice during the summer grouped with other age/skill level athletes that way they can build consistency with stunting to maximize our summer training. Summer practices will not follow the attendance policy until attendance policy date (see important dates) to allow summer vacations, camps etc. All skills must be maintained during the season to remain on any given level/team. Rock Solid reserves the right to move an athlete from one team to another at any point in the season (up OR down) based on performance, ability, necessity or for any other reason. Summer schedules will be released the end of May (see important dates).

During team evaluations all athletes will demonstrate their skill level in tumbling, stunting, choreography, and jumps. Team placements will be based on the athletes' birth year and skill level in compliance with the 2024-2025 "Open" age grid and division requirements. In order to select a well-rounded team with the greatest chance of success throughout the season, occasionally an individual placed on a team may not possess all the minimum required tumbling skills. Team selection is based upon multiple aspects in order to be the most competitive in a specific division. Rock Solid will always prioritize the healthiest age group for your individual athlete based on age, maturity, experience and skill. Age appropriate teams will always be the first priority and the double teaming options could possibly be available for athletes with higher skill level or possess qualities needed for a second team of a different age/skill range.

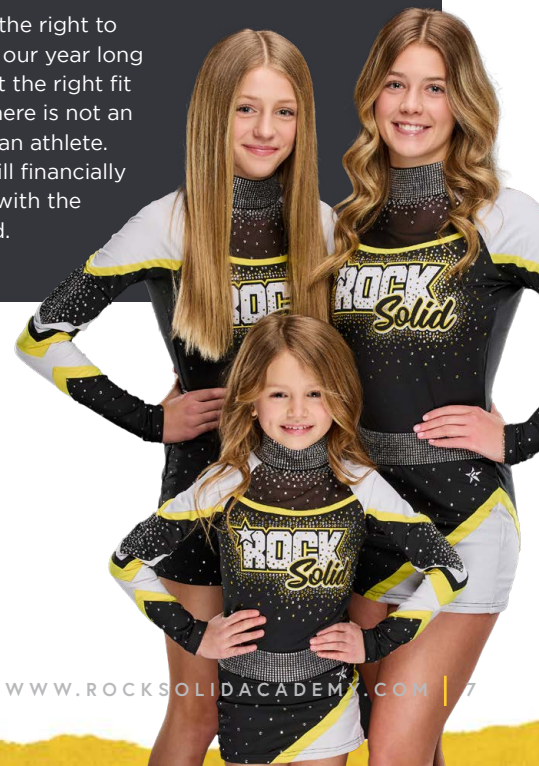
Skills must be performed with a HIGH LEVEL OF EXECUTION to be considered for placement. This means ALL SKILLS must be performance ready. This is essential for teams to score in the highest ranges on the score sheet at competitions. For the best competitive experience, athletes should always be performing their highest level of MASTERED skills.

For example, just because an athlete can land on her feet in a standing back tuck at tryouts, does not mean she is a level 4 competitor. She should still be participating on a level 3 team until the skill can be performed in the middle of a routine with flawless technique. Specifically, legs must be completely straight with pointed toes when executing front and back walkovers. Legs must be straight and together in back handsprings. All airborne skills must be executed with good height and direction (up not back). Layouts, fulls/doubles must be in a hollow body position with legs straight and together. All standing tumbling must be "stick and stand".

Rock Solid will possibly compete both Elite & Prep year long teams for the 24-25 season.

During the summer we will evaluate athletes for teams based on ages and skill levels to determine the success in elite vs prep divisions. Year long prep teams will compete the same events, compete in the same uniform, have choreography etc. The only difference will be the end of season events. The prep teams will end their season at Nationals (as prep is not offered as a bid eligible division at Worlds). This will help develop our athletes and better prepare them for elite divisions, especially when the stepping stone of leveling up is the dynamic. The prep division offers the same routine breakdown with less amount of athletes performing certain skills or stunt level "elites" performed. Offering both elite and prep year long teams will help build the program to progressing levels properly and avoid becoming stagnant in certain levels.

Rock Solid reserves the right to make the decision if our year long cheer program is not the right fit for an athlete or if there is not an age/skill level fit for an athlete. At that point RSA will financially discuss the options with the family going forward.



HALF SEASON PROGRAM

- All cheer athletes make a team upon registration
- All gymnasts compete Bronze level upon registration
- All cheer teams will be based on age & when needed skill level
- All gymnasts must be at least 5 years of age, no older than 13 years.
- All cheer athletes must be between birth years 2012-2018
- Practice days and times TBD - Summer 2024 (look for flyer)
- Competition Dates TBD - Summer 2024 (look for flyer)
- 1st event - Mandatory November 16th, 2024 - Friends & Family Event
- Fall sign ups begin in May, practices begin in September (space is limited)
- Spring Sign ups begin in November, practices begin in January (space is limited - Athletes continuing from fall season have right to available spots first.
- Uniform sizing will begin in September during practices



AGE GRID & TUMBLING REQUIREMENTS

YEAR LONG ALLSTAR CHEER AGE GRID

TINY 2017 - 2019

MINI 2015 - 2019

YOUTH 2012 - 2019

JUNIOR (L1-3) 2008 - 2018

JUNIOR (L4) 2008 - 2017

SENIOR 6/1/05 - 2012

LEVEL 1

Introductory

Forward roll
Backward roll
Cartwheel
Roundoff
Backbend Kick over
Back Walkover

Experienced

Back Walkover Switch Leg
Back Walkover series
Valdez
Front Walkover, Cartwheel,
Back Walkover Switch Leg

LEVEL 2

Standing

Backhandspring step out
BWO BHS
BWO Switch Leg BHS
Valdez BHS

Running

FWO RO BHS series
Cartwheel BHS
Bounder to FWO RO BHS series
Power FWO Front Handspring
2 Feet

LEVEL 3

Standing

3 BHS
Toe Touch 2 BHS
Toe BHS Toe BHS
2 BHS step out
BHS step out

Running

Punch Front
Power FWO Aerial
FWO RO BHS Tuck
RO BHS step out 1/2 RO
BHS tuck
Bounder RO BHS Tuck
Aerial RO BHS Tuck
Punch Front Pause RO
BHS Tuck

LEVEL 4

Standing

Tuck
Toe BHS Tuck
BWO Tuck
2 BHS Tuck

Running

Whip to Layout
Front Tuck through to Layout
RO Whip Immediate Tuck
FHS Front Tuck step out
RO BHS Tuck
Power Hurdle RO BHS Layout

FLYER REQUIREMENTS

Athletes interested in trying out to be a flyer will need to poses superior flexibility. Size of flyers compared to bases and backspots (within correct age range) is taken into consideration.

Required Body Positions

Both leg stretches, Scale, Bow/Arrow, Arabesque, Scorpion

CROSSOVERS

Athletes are able to participate on more than one team when the opportunity benefits the athlete and team. Tuition for crossovers team is free. Athletes that are chosen to double team will add an additional \$50 to their 15th payment for competition fees for the season as well as an \$100 1-time fee to cover crossover choreography for the second team. If you are interested in being considered please let RSA know asap so we can prepare athletes in different situations to find out if there is a good fit. Deadling to let RSA know your athlete wants to crossover is June 15, 2024.

*All crossovers will pay an additional \$50 on the 15th of the month payment (August - April) as well as an additional 1-time \$100 for choreography charged August 1st.

CHEER COMPETITIONS

YEAR LONG CHEERLEADING

Our regular competition season runs from November through April. Occasionally competitions will take place out of the state. As an RSA team member, you are obligated to attend all competitions. There are no exceptions. ATTENDANCE IS MANDATORY OR YOU WILL BE DISMISSED FROM THE TEAM.

Competition Itineraries will be posted on the band as soon as we have it (usually the week of the event). It is imperative that all directions are followed.

Under NO circumstances should anyone other than the coaching staff contact the hosting competition companies with questions or requests for information. RSA will provide you with everything you need to know at the appropriate time.

During the regular competition season teams may receive additional bids to attend additional end of season events. These competitions usually take place late April, early May after our regular season is over. If RSA chooses to accept the bid, RSA reserves the right to replace any athlete not performing the required skills

MANDATORY CHEER CHOREOGRAPHY WEEK: AUGUST 5-11

YEAR LONG CHEERLEADING

Attendance at all choreography dates is MANDATORY. The viewing area will be closed during choreography. We give the choreography week prior to sign ups to ensure all athletes committing to teams are able to be at the most important few days of the season.

RSA will assign each team a 2-4 days (3-5 hrs per day) choreography block. This is when we will have our routines mapped out and ready to teach. More info and exact dates for each team should be out mid summer. All athletes need to attend choreography, which is why this week is given prior to sign ups.

Cheer Attendance Policy - Begins August 12, 2024

Please see the attached Attendance Policy. All families will need to sign and acknowledge the 24-25 season policies before being evaluated for a team at the end of May. Your athlete will not be placed on a team without us having received this.

RSA fully supports athletes being well-rounded. We just ask that you make sure any additional commitments (choir, school plays, other sports, etc.) do not affect your attendance to your RSA obligations. With cheerleading being a team sport, missing practice negatively affects the whole team drastically.

New 24-25 Winter Activities Policy

Unfortunately due to unforeseen conflicts during former seasons, RSA competitive cheerleaders will no longer be able to participate in WINTER SPORTS for their local schools (this includes gymnastics, basketball cheerleading, school comp cheer etc). RSA does support fall activities as it does not conflict with our competitive part of the season. If and when conflict may arise for fall the attendance policy fees will apply. Missed practices for school activities is not considered an excused absence.

RSA CHEER ATTENDANCE POLICY

1. If you are unable to attend any of the below events, you are choosing to withdraw your athlete from the program. Doing so will forfeit your athletes right to compete for RSA for the upcoming season, and will result in a \$500 exit fee.

CHOREOGRAPHY IS MANDATORY ALL COMPETITIONS ARE MANDATORY FRIENDS & FAMILY DRESS REHEARSAL IS MANDATORY

2. No absences will be permitted the week prior to a competition. Athlete could be taken out or replaced at the discretion of the coaches if this issue may arise. RSA has the right to withdraw the athlete for the remainder of the season in certain circumstances. All un-excused absences the week prior to a competition will be subject to a \$200.00 fee in addition to the decision of the coaches
3. All un-excused absences (excluding the week prior to a competition/event) will be subject to a \$50.00 fee. This fee will be run the night of the missed practice.

An un-excused absence is anything NOT listed under excused absences below.

EXCUSED ABSENCES ARE DEFINED BY:

- Death in Family
- Sickness with a doctor's note (Text /email picture of note prior to practice)
- Graded school function **in writing** (via email/written) **with 2 weeks notice** to RSA.
Anything less than 14 days will be considered un-excused and will result in the \$50.00 fee.

NOTE: Schools give plenty of notice for their students choir/band/holiday performances, school trips etc. We ask that you give us at least 2 weeks to make arrangements for the team that way we can prepare them the best we can.

NOTE: This means if "Sally" has a belly ache and you plan to keep her home (and you're not planning to take her to the doctor), you will be subject to the \$50.00 fee.

4. Tardiness to practice (excessive) will result in dismissal from the team. Anything more than 10 min will be subject to a \$10 per athlete fee. If tardiness becomes a problem, it will be brought to the parents attention as an issue, and dismissal from team will be discussed. All athletes are expected to be on time to events. If you athlete is more than 15 minutes late to a competition (Arrive time on paperwork) they are subject to a \$50.00 fee as it causes harm to the rest of the team.
5. We support our athletes with FALL sports & activities and try to help make accommodations with athletes being a few minutes late or leaving a few minutes early when proper documentation is given ahead of time. All of these fall sport circumstances are subject to the above attendance policy.
6. WINTER sports are NO LONGER permitted for athletes participating in RSA competitive cheer. Due to past season circumstances too many things affected our team athletes (practice timing conflicts, injuries from the other sports etc). Unfortunately we truly tried over the past few seasons but there are many issues with it being the main part of our competition season. If and when conflict may arise for fall the attendance policy fees will apply. Missed practices for school activities is not considered an excused absence.

** We understand with the post COVID situation that you have to make the best decisions for your child. If your child is not feeling well (but not sick enough for a doctors note) they are welcome to sit out for the practice and watch. If you feel you need to keep them home, they are still subject to the \$50.00 fee. We have to be consistent with all sicknesses. The casual "she is not feeling well" will be subject to the unexcused absence fee. If they can come and watch practice, they will not be charged.*

COMPETITIONS & MEETS

CHEER COMPETITIONS

The cheer competition schedule will be sent out mid summer to allow event producers to finalize their schedules.

GYMNASTICS MEETS

The gymnastics meet schedule will be sent late summer/early fall to allow league scheduling meeting to set their schedules.

RSA FUNDRAISING

Rock Solid asks the team families to participate in the 2 mandatory yearly fundraisers. The first is the Friends & Family Cheer Showcase /Gymnastics Meet (3 tickets per family), as well as the pre-holiday popcorn fundraiser. These events in the past two seasons have helped us give our athletes some new amazing equipment! Year long families are asked to sell \$125 in sales per families (all online), and the fall half season families \$80 in sales. Many families like to just make the donation to the gym instead of selling, and that's great too. We appreciate everyone helping us give our athletes one of the best facilities in Columbus!



GYMNASTICS TEAM EVALUATIONS YEAR LONG

All new and returning gymnasts will be evaluated to find the base starting point for skill level going into the summer training. This will help us group the athletes to train more effectively during the summer and goal set for the future routines. The athletes will start working on choreography and routines in August. Additional weekend practices to do so, may be offered. More info will be released during post summer scheduling.

CHEER/GYMNASTICS PRACTICES

It is the athlete's responsibility to wear the appropriate practice wear to every practice. Any athlete not in the proper practice wear is subject to having to sit out. This includes shoes for cheerleaders and leotards for gymnasts.

Cell phones must be turned off when practice starts. Any items athletes may bring (pants, bags, cell phones etc.) must be stored in the cubbies.

Coaches reserve the right to close practice at any time, for any reason. RSA reserves the right to restrict anyone or everyone from the gym or observation area during practices or choreography. Please refrain from distracting athletes or coaches during practices.



STAY CONNECTED & REGISTRATION

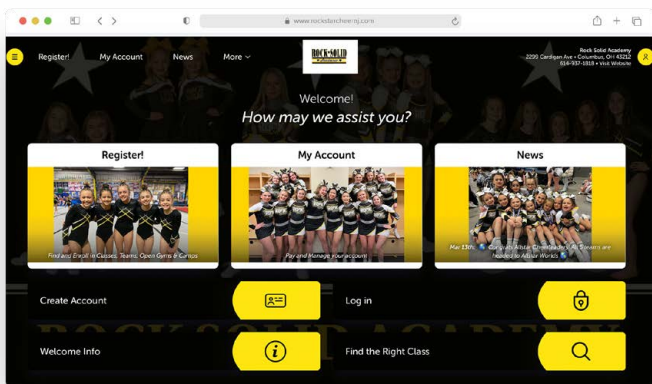


Please join our ROCK SOLID “BAND” app on your computer or mobile device for team athlete parents. You will receive a link once you have registered for the new season! This is our main form of communication during the season.

REGISTRATION

New families are asked to register immediately using the iClassPro parent portal. This will ensure your family profile and registration are up to date before the deadline. Current Rock Solid families will use their existing profile.

CREATING A FAMILY PROFILE & REGISTRATION THROUGH THE ICLASSPRO PARENT PORTAL

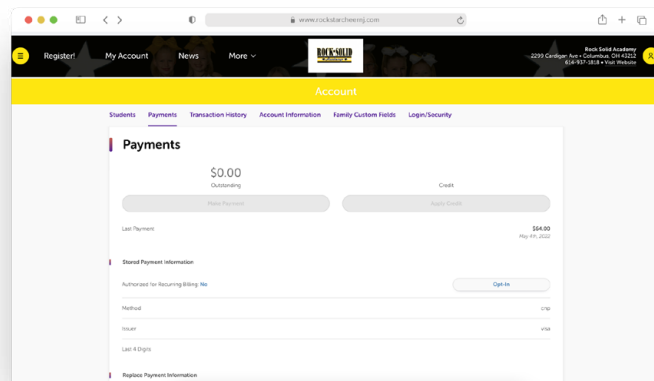


1. Go to **Rock Solid Parent Portal** website
2. If you are a **current** Rock Solid member, please sign in to your existing account. Your email is your username. If you do not know your password, select forgot password and a temporary password will be sent to your email. If you are a **new** Rock Solid member please click Create Account and follow the on-screen directions.
3. After you have signed-in or created your family profile, you will be able to register and view your account through the parent portal.
4. On the left side of the screen, choose Team Placements to register your athlete for 2024-2025 Rock Solid Academy Cheer & Gymnastics team placements.

CREDIT CARD AUTHORIZATION & POLICY ACCEPTANCE

Competitive team families are required to have a card on file for the 2024-2025 season.

1. Go to **Rock Solid Parent Portal** website
2. Once logged in to the parent portal, please scroll down and select Manage Payment options from the sidebar on the left hand side.
3. Please enter your credit card information and save it to your account.



DISCLAIMERS

FINANCIAL POLICIES

All parents & athletes understand that:

By being a member of an RSA team you are assuming full responsibility for all cost associated with this program. This is a full season commitment that includes practices, competitions, meets, events etc. These include but are not limited to: annual fees, registration cost, tuition, competition/meet fees, apparel cost & other fees. This responsibility continues through the entire season no matter circumstances that may arise. NEW athlete uniforms and all associated pieces become property of RSA prior to Feb 1st (as they are not fully paid for until this time). No refunds will be made, if an athlete quits, gets injured or is removed from the program. All monies paid are forfeited.

QUIT FEE

We take great pride in the value of our product at Rock Solid. If an athlete is dismissed from the program due to a disagreement and/or other violation and/or quits a \$300 fee will be charged to the families account.

ANNUAL FEE

All families are required to pay the annual \$60.00 yearly registration fee. Please see date of payment.

AUTO DRAFT

All accounts at RSA must have a current card on file that will be drafted automatically the first of the month (or any other listed date of payment). It is the responsibility of the families to ensure this card is not expired and that the funds are available.

LATE FEES

A late fee of \$35 will be assessed to all accounts with a balance on the 5th of the month. Emails and phone calls regarding delinquent accounts may take place as a courtesy but are not guaranteed. It is the families responsibility to keep up with their accounts.

NSF PAYMENTS, DECLINED CARDS, ELECTRONIC PAYMENTS, PAYMENT RETURNS, ETC.

All declined cards will be assessed a \$25 service charge. Please make sure your bank knows these payments occur on the dates listed, to avoid any unnecessary service charges,

TRADEMARK & LOGO

The names Rock Solid Academy, RSA, Rock Solid Gymnastics & Cheer Academy are the property of R.S.G.C.A Ltd. and are protected under law. Written permission is required before the production of any product that uses displays any of our names or logos, including the team names and logos. This includes making t-shirts, jackets or any other item that will display anything pertaining to these names.